



## CHARADES

This indoor activity supports the following SEL concepts:

- ✓ Co-operative learning
- ✓ Making good decisions/choices
  - ✓ Respect
- ✓ Listening to each other
- ✓ Self control



### SEL TOP TIPS

for a successful game:

Try to remember:

- » Your fair play rules
- » To compliment your team mates
- » The Golden Rule
- » To listen to others
- » To use the steps for calming down
- » To problem solve:  
Stop, Make a plan & Go



## CHARADES

### HOW TO PLAY

1. The players divide themselves into two teams.
2. The leader chooses the first player from one of the teams.
3. The leader then secretly gives this player a film or book title to act out.
4. The player is not allowed to use sounds, to mouth words or use drawing.
5. It is the job of the player's team to guess what the name of the film or book is.
6. If they are able to guess then the team gets a point.
7. Repeat with a player from the opposite team.

### VARIATION

Think about acting out different feelings that the players have been learning in their SEL lessons.